



NO-SNOOZE NEWS

***BREAKFAST OPTIMIST CLUB OF
KALAMAZOO***

July 2015

Volume 24, Number 10

**YES!
WE CAN.**

**2014-15
PRESIDENTIAL
GOALS**

***#1 To develop and
execute a new
Respect for Law
Program***

***#2 Increase the use
of Social Media as a
Marketing Tool***

***#3 Receive 501(c)3
Status for the Club***

#4 Be an Honor Club

Weekly Meetings –
Thursday's at 7:30
am at Michelle's -
677 Romence Road
in Portage

President's Comments

Hello All,

Each week we have a YES WE CAN! moment before we end the meeting. I have spent time searching the internet for quotes about optimism, kindness, self-improvement, joy, encouragement and laughter. These searches have given me an opportunity to focus on the positives in my life and remind me to keep those positives in my heart and my behaviors. It has also reminded me to share the good feelings that are generated from positive thoughts with others.

I was recently reminded that the positive energy we put out is returned to us—because kindness and laughter lightens everyone's day. Spending time with phone trees, talking with insurance companies, getting sent from department to department makes most of us very frustrated and by the fourth person we might be a little snarky. What we need to keep in mind is that the fourth person might be the one who can solve our problem, if they choose to go the extra mile. A little laughter, a little kindness and a little less snarkiness may just result in encouraging that person to help us out and find us the answer we need.

Being kind to others often brings kindness back to us. So although I don't always remember to be positive I hope to live by this quote from Dr. Seuss and I hope you do too!

*Today I shall
behave, as if this is the day
I will be remembered.*

— Dr. Seuss

Just remember; YES WE CAN!

Lyn

JULY BIRTHDAYS



Nancy Kovach	1st
Pat Weber	8th
Angela McMillan	10th
Nicole Ingersoll	11 th
Marc Katz	24 th
Karen Monville	24 th
Nancy Rogers	24 th
Julie Vanderwater	24 th

BOOK CLUB –

No Book Club in July

August 4th, 5:30 pm at TGI
Fridays (**PLEASE NOTE
CHANGE IN LOCATION**).

The author of the book will
be at the meeting. The
book is: **The Detroit
Electric Scheme: A
Mystery, by D.E. Johnson**

July Speakers and Greeters

July 2 Fellowship

Greeter: Val Lippincott

July 9 Carmen Jonaitis – Early Education & Child Find

Greeter: Mindy Miller

July 16 Fellowship

Greeter: Nancy Flipse

July 23 Rob Oakleaf, Exec. Dir. – Ministry with Community

Greeter: Theresa Mills

July 30 John Knowlton, LPL Financial – Beer and Peanuts

Greeter: Linda Ingersoll

RIGHT START AUCTION

Don't forget that the **Annual “Set Kids Up for a Right Start” Auction** will be held July 14th at the WMU Fetzer Center, 6–9pm. This Auction helps to fund BOCK's back-to-school shopping program—which will provide community children in need with a shopping trip for new clothes, school supplies required by their school, and a backpack of their choice. The new venue, both live and silent auctions and sit down dinner will hopefully make the \$25 tickets an *easy sell!*

Be sure to contact **Bob Balik** for tickets (372-4368).



Perfect Attendance 3rd Quarter

Twenty nine members have achieved perfect attendance for the three quarters of this Optimist year.

Mary Ann Amperssee, Nicholas Arnold, Jo Avriett, Cathy Balik, DeeAnn Dopp, Nancy Flipse, Lynn Heckler, Julie Howes, Linda Ingersoll, Nicole Ingersoll, Laurie Jepsen, Gene Kangas, Lyn Lenox, Val Lippincott, Alma McCarty, Dave McKee, Jeanette Meyer, Ralph Meyer, Dan Mills, Theresa Mills, Terri Norman, Constance Plochocki, Kate Shane, Chris Shults, Andrea Stork, Linda Thompson, Wilma VanLoo, Marcia Watts, Pat Weber

Euchre is over for this year. Everyone will be enjoying their summer weekends. Watch for details in the Fall when we will resume playing.

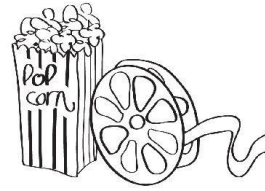
UPCOMING EVENTS

July 14th – Annual Right Start Auction at the Fetzer Center (note the new venue). More details coming soon.

August 7th – Respect for Law event at Celery Flats. Watch for more information---we will need lots of volunteers!!

Sept 20th - Annual CCC Golf Outing at the Prairies Golf Course. (Postponed due to rain).

Oct 7th- Annual Installation of Officers and Directors at Martell's. More information in future NS Newsletters.



Respect for Law Movie Night

Be sure to keep Friday night August 7th open. We will be co-hosting a movie night with the Youth Advisory Committee at Celery Flats. We will need lots of volunteers to assist with making popcorn and other tasks.

The Youth Advisory Committee consists of up to 30 high school youth representatives and is tasked with providing input to the City Council and City Administration regarding programs, services, projects and issues. Topics addressed by past Youth Advisory Committees include:

- Drug abuse and underage drinking prevention
- Summer Youth Activities
- Environmental Awareness
-

11TH ANNUAL CHILDHOOD CANCER CAMPAIGN GOLF OUTING

RESCHEDULED FOR SUNDAY, SEPTEMBER 20TH



Unfortunately mother nature did not cooperate for the CCC Golf Outing Committee on Sunday, June 14th when the 11th Annual CCC Golf Outing was scheduled to occur. Upon arrival to The Prairies that morning, the committee was told that due to the heavy rain most of the course was under water and no golfers would be able to play. This was a first in the history of having the event that it was cancelled. Upon quick decision making, the CCC Golf Outing Committee has decided the

RESCHEDULE the event for **SUNDAY, SEPTEMBER 20TH**. All hole sponsors that have already contributed to the outing will be properly recognized at that time. To all golfers, we encourage you to save the date in September to participate. And, for those of you who were unable to make the outing in June, we hope to see you in the Fall. Updated registration forms will be sent out in mid-July.

A big thank you to the volunteers who showed up on Sunday, June 14th and helped to call all golfers or greet them in the parking lot and inform them that the event was rescheduled. It was much appreciated.

If you would like more information please contact **Nicole Ingersoll** at (269) 217-0513 or ingers007@yahoo.com. **So, save the date for SEPTEMBER 20TH!!!**



In Case You Missed It!

June Raffle & 50/50 Winners

**6/4 Connie Plochocki,
Linda Ingersoll**

**6/11 Elaine Catlin,
Linda Ingersoll**

**6/18 Julie Howes, Val
Lippincott**

**6/25 Nancy Rogers,
DeeAnn Dopp**

**Our weekly 50/50
progressive raffle is
building. As of this
newsletter we have
\$516.**



Cathy Pinto – Board President
AACORN = Adult Agriculture
Community Option for
Residential Needs. Her topic
was “Expanding Choices.
Building Community.”

Karen Vogelmann guest
speaker is a mindset coach
of Your Awesome Life.
Topic was 7 Dirty Words-
Change Your Words
Change Your Life



July

1st Nat'l Creative Ice Cream Day

8th Nat'l Chocolate with Almonds Day

15th Nat'l Give Something Away Day

22nd Nat'l Hammock Day

29th Nat'l Lasagna Day

Two Inductions of Four New Members in June!!

Welcome Sam Oberlee, Nancy Rogers, Tammy Parat, and Nancy Gallihugh



Sam, Gene (Sponsor), Nancy, Dee (Sponsor). President Lyn



President Lyn, Jo (Sponsor), Tammy, Mindy (Sponsor), Nancy



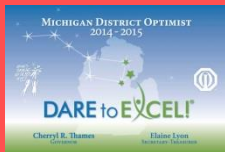
FIND US by clicking
on a link below:



**Breakfast Optimist Club
of Kalamazoo**



BOCK - Website



MICHIGANOPTIMISTS.ORG



OPTIMIST INTERNATIONAL

CONTACT US AT:

BOCKZOO@YAHOO.COM

2014-2015 BOCK Board Members OFFICERS

President
President-Elect
Vice President
Secretary-Treasurer
Past President

Lyn Lenox -Bosma
Laurie Jefsen
Carmen Jonaitis
Linda Ingersoll
Cathy Balik

DIRECTORS

Community Service
Fellowship
Finance
Membership
Programs/Publicity
Youth Activities

Marcia Watts
MaryAnn Ampersee
Jeanette Meyer
Dan Mills
Alma McCarty
Linda Thompson

The Optimist Creed

Promise Yourself ~

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness and prosperity to every person you meet.

To make all your friends feel that there is something in them. To look at the sunny side of everything and make your optimism come true.

To think only of the best, to work only for the best, and to expect only the best.

To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.